



THE EPISCOPAL CHURCH OF THE REDEEMER

Welcome to Holy Eucharist in the Celtic tradition. At this service, we offer music and liturgy based on principles of Celtic worship. Our services follow themes which change with the liturgical season. During the season of Lent we are guided by peace and penitence as we approach the Paschal Mystery of Easter.



The First Sunday in Lent Celtic Holy Eucharist

March 1, 2020 • 5 pm

PRELUDE

BEACH SPRING

B. F. WHITE

BLIND MARY

TURLOUGH O'CAROLAN

COME AND FIND THE QUIET CENTER TRADITIONAL GAELIC MELODY

THE COLLECT

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE FIRST READING

Genesis 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

THE RESPONSE

Psalm 32

- 1 Happy are they whose transgressions are forgiven, *
and whose sin is put away!
- 2 Happy are they to whom the Lord imputes no guilt, *
and in whose spirit there is no guile!
- 3 While I held my tongue, my bones withered away, *
because of my groaning all day long.
- 4 For your hand was heavy upon me day and night; *
my moisture was dried up as in the heat of summer.

- 5 Then I acknowledged my sin to you, *
and did not conceal my guilt.
- 6 I said, "I will confess my transgressions to the Lord." *
Then you forgave me the guilt of my sin.
- 7 Therefore all the faithful will make their prayers to you in time of trouble; *
when the great waters overflow, they shall not reach them.
- 8 You are my hiding-place;
you preserve me from trouble; *
you surround me with shouts of deliverance.
- 9 "I will instruct you and teach you in the way that you should go; *
I will guide you with my eye.
- 10 Do not be like horse or mule, which have no understanding; *
who must be fitted with bit and bridle,
or else they will not stay near you."
- 11 Great are the tribulations of the wicked; *
but mercy embraces those who trust in the Lord.
- 12 Be glad, you righteous, and rejoice in the Lord; *
shout for joy, all who are true of heart.

THE SECOND READING

Romans 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned~ sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

GOSPEL SONG

Lord have mer-cy,

7
Lord havemer cy. Christ havemer-cy, Christ havemer-cy.

13
Lord have mer cy Lord have mer-cy.

From St. Anne's Mass by James MacMillan. Copyright 19978 Boosey & Hawkes; permission requested.

THE GOSPEL

Matthew 4:1-11

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

'One does not live by bread alone,

but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,'

and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'"

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

'Worship the Lord your God, and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

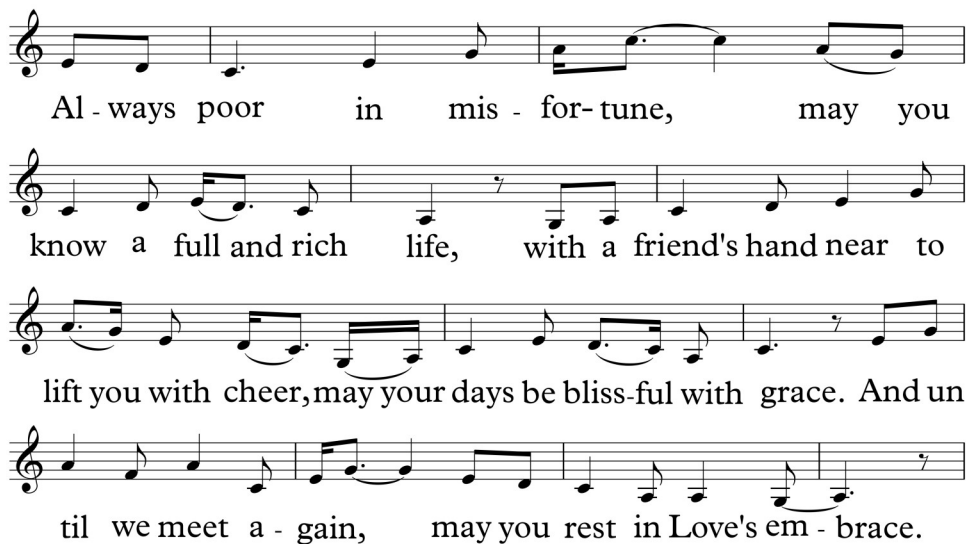
THE SANCTUS

Ho - ly, Ho - ly Ho - ly Lord. God of po wer and
 might. Heav'n and earth are full of your glo - ry. Ho -
 san - na in the high - est. Bless - ed is he, O
 bless - ed is he who comes in the name of the Lord. Ho
 san - na in the high - est ho -
 san - na in the high - est.

From *St. Anne's Mass* by James MacMillan. Copyright 19978 Boosey & Hawkes; permission requested.

As you come forward to receive communion, you are invited to place your rock on the cairn. We do this as a symbol of giving up our burdens to God and connecting ourselves with the lives of others. This ancient tradition is practiced by pilgrims on Iona and in other holy places around the world.

BLESSING SONG



Al - ways poor in mis - for - tune, may you
know a full and rich life, with a friend's hand near to
lift you with cheer, may your days be bliss - ful with grace. And un
til we meet a - gain, may you rest in Love's em - brace.

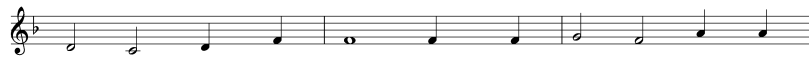
Text from traditional Irish Blessing; music by John Grover

CLOSING HYMN

COME AWAY FROM RUSH AND HURRY



1. Come a - way from rush and hur - ry to the
2. In the pas - tures of God's good - ness we lie
3. Come, then, child - ren with your bur - dens: life's con -



still - ness of God's peace; from our vain am - bi - tion's
down to rest our soul. From the wa - ters of God's
- fu - sions, fears and pain. Leave them at the cross of



wor - ry, come to Christ and find re - lease. Come a -
mer - cy we drink deep - ly, are made whole. At the
Je - sus; take in - stead his king - dom's reign. Bring your



- way from noise and clam - or, life's de - mands and fren - zied
tab - le of God's pres - ence all the saints are rich - ly
thirsts, for he will quench them; he a - lone will sat - is -



pace; come to join the peo - ple gath - ered here to
fed. With the oil of God's a - noint - ing in - to
- fy. All our long - ings find at - tain - ment when to



seek and find God's face.
ser - vice we are led.
self we glad - ly die.

Music: attrib. to B. F. White (1800-1879), published 1844 in 'The Sacred Heart'. Text: 1999 by M. J. Dawn (b. 1948)

RECEIVING COMMUNION

The Church believes that in Holy Communion, the Body and Blood of Christ is given to God's people and received by faith. All who seek God and a deeper life in Christ are welcome here and invited either to participate in Communion or to receive a blessing. To receive the bread, please hold your hands out in front of you. To receive the wine, help guide the chalice to your

lips. If you prefer, you may dip the bread in the wine and then place it in your mouth. If you do not wish to receive the bread and the wine, you are invited to come forward, cross your hands across your chest, and receive a blessing. **Gluten-free communion wafers are available upon request.**

COMMISSIONING OF LAY EUCHARISTIC VISITOR

Celebrant In the name of God and on behalf of this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People **We who are many are one body, because we all share one bread, one cup.**

Please use this poetry for your own contemplation during the service or to take with you for your own prayer life.

POETRY

A sleeping world emerges to new possibilities,
weakening winter's icy grip,
and birdsong and bleating lamb
announce to all the promise
that in due season
creation bursts into life.
And whilst leaves that fell in winter
lie upon the ground,
soon to feed the earth,
in nature's wondrous cycle
of death and rebirth,
within the tree is a stirring of new growth.

-John Birch

When despair for the world grows in me
and I wake in the night at the least sound
in fear of what my life and my children's lives may be,
I go and lie down where the wood drake
rests in his beauty on the water, and the great heron feeds.
I come into the peace of wild things
who do not tax their lives with forethought
of grief. I come into the presence of still water.
And I feel above me the day-blind stars
waiting with their light. For a time
I rest in the grace of the world, and am free.

-Wendell Berry

Deep peace of the running wave to you
Deep peace of the flowing air to you
Deep peace of the quiet earth to you
Deep peace of the shining stars to you
Deep peace of the gentle night to you
Moon and stars pour their healing light on you
Deep peace of Christ the light of the world to you
Deep peace of Christ to you.

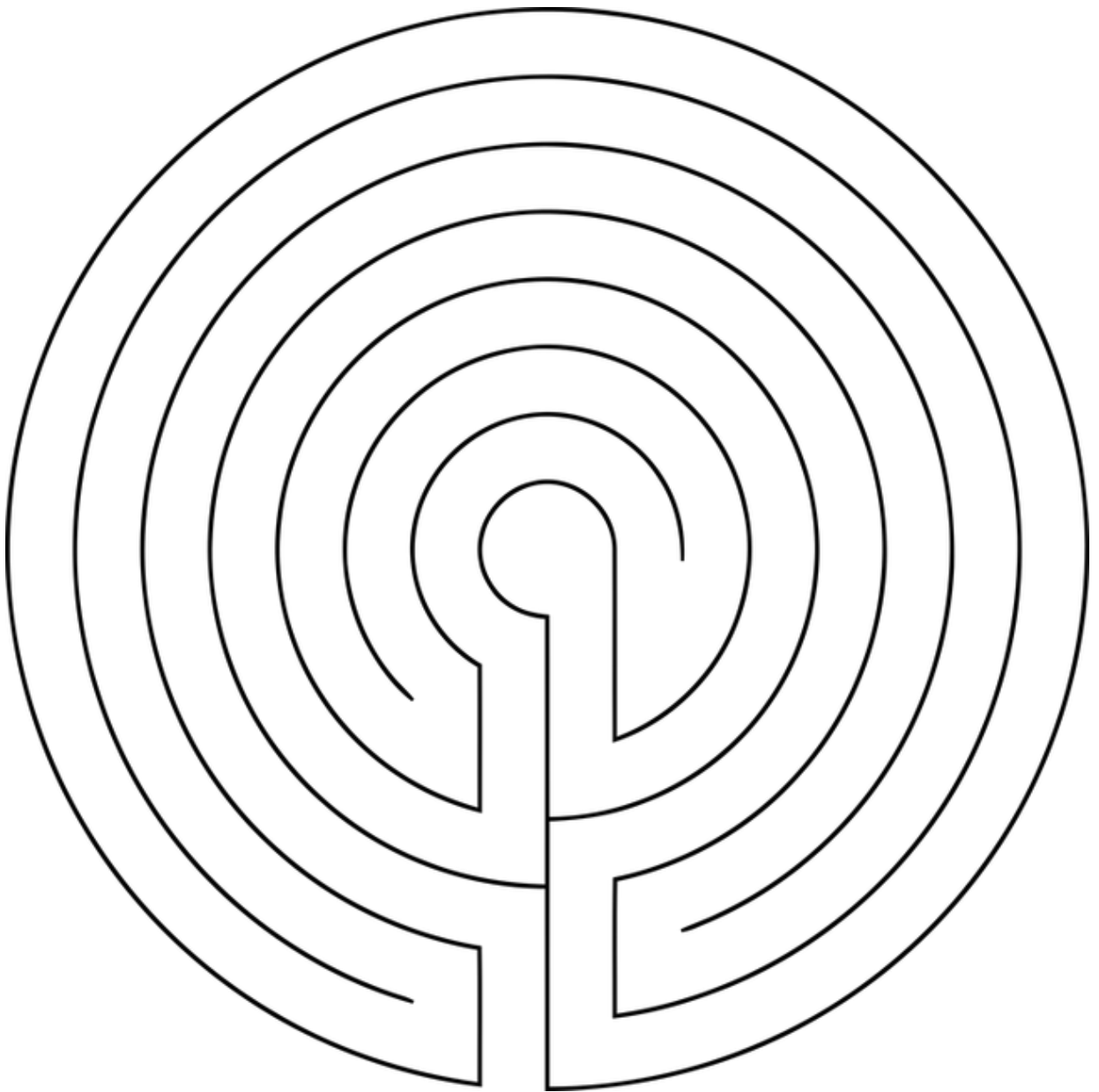
-Ancient Irish Blessing

This is your garden, Creator God,
a thing of beauty
beyond understanding,
a poem that is being written
not in words
but in colours,
wind's whisper,
soaring bird,
snowdrop's petal,
gentle rain,
sunlight's warmth,
This is your garden, Creator God,
A thing of beauty
beyond our understanding.

-John Birch

Circle me, Lord.
Keep protection near
And danger afar.
Circle me, Lord
Keep hope within.
Keep doubt without.
Circle me, Lord.
Keep light near
And darkness afar.
Circle me, Lord.
Keep peace within.
Keep evil out.

-David Adam



During periods of silence throughout this service, or in your personal times of prayers and reflection outside of worship, this labyrinth is a gift of peace to all who seek deeper relationship with God in their life's journey.

Using your finger, journey on this labyrinth toward inner-contentedness with the Divine, spend some time with God there, in the center, and then re-trace your journey outward with the knowledge that God is ever with you.

A Labyrinth is not a maze; as a maze has dead ends that are used to confuse and trick the mind. A labyrinth is a spiral course having a single, winding unobstructed path from the outside to the center.

IN THANKSGIVING & MEMORY

WE GIVE THANKS FOR THOSE CELEBRATING:

Birthdays in the next week: Fran Morriss, John Hopper, Phil Dowers, Abigail Chua, Elizabeth Staffiera, Nicole Prather, Julie Anne Baur, Egan Keller, Jeanne Plunkett, Edie Zimmerman, Jake Jasper, Ryder Brokamp, Jane Novak-Cook, Vicky Carroll, Ian Rodway, Reed Wasik, Mary Heinlen, John Simpkinson, Cynthia Williams, Grace Vatter.

Anniversaries in the coming week: Nip and Jim Becker.

The **GREENS** that beautify our worship spaces are given to the glory of God in thanksgiving for Emily's birthday by Carolyn & Kevin Martin, for Elizabeth's birthday by Karen & Mike Staffiera, and for Jeanne Plunkett by Chet Cavaliere.

PARTICIPATING IN TODAY'S WORSHIP

Celebrant & Preacher

Lector

Lay Reader

Intercessor

Bread Guild

Flower Guild

Altar Guild

Celtic Guild

The Rev. Joyce Keeshin

V'Ann Ryther

Mark Sesler

Cynthia Walker

Pattie Kovach, Ryan Andrews, Cheryl Fast

Kathleen Stengel, Marcia Shortt

Missy Darling, Judy Frey, Lisa Frey, Kathe Kissel, Kelly Schleker, Sharon Smith

Bonnie Dowers, Philip Dowers

